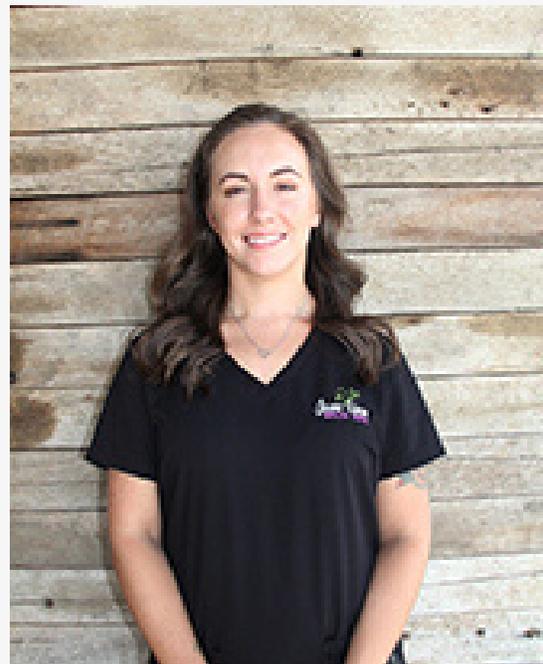




FEBRUARY NEWSLETTER

HAPPY FEBRUARY!

from our team here at Gruene House Medspa! We'd like to take a moment to recognize Valerie Caldwell for her exceptional customer service and client care. She has been with us at the New Braunfels location for over 4 years now, and her hard work is part of what sets us apart from our competitors. In addition to her hard work here at the office, Valerie is a dedicated mom to her 3 year old son, Levi. We are so proud to have Valerie as a part of our team!



INTRODUCING HIFU!

HIFU, or High Intensity Focused Ultrasound, offers a non-invasive alternative to surgical face lift. It is the only FDA approved treatment of its kind aimed at improving wrinkles and facial lines. This treatment penetrates deep beneath the skin to remove unwanted facial lines in a way that until now was only possible through surgery. HIFU harnesses the power of Ultrasound to lift and tighten skin safely while protecting the outer layers of the skin. HIFU also

helps improve the tone of your skin and your facial features such as the eyes, cheeks, mouth, and chin. In this way, HIFU is a great alternative to Botox and an excellent option for those patients who have previously had a surgical facelift to help maintain the lift and treat blood stasis, scarring, and numbness.

HIFU is able to achieve similar results to facelift by using two key points to achieve skin tightening: depth and temperature. It directly delivers heat energy to the skin and deep into subcutaneous tissue that stimulates collagen production, improving skin texture and firmness. This treatment can be performed on various places of the body to achieve a lift, and is safe and effective for all skin types and colors. Because the treatment is non-invasive, you won't have to worry about any risk of infection following treatment. HIFU offers zero downtime as opposed to the lengthy recovery time of a surgical lift, and is a much more cost effective treatment option.



WOMEN'S BIO IDENTICAL HORMONE THERAPY AND WELLNESS IN 2020

Calling all women! Are you feeling less than yourself this new year? While the weather may be dreary, YOU don't have to be! Here at Cruene House Medspa we offer a variety of bio identical hormone therapy services to help keep everything balanced in the hormone department so that you don't have to feel like a stranger to yourself. Whether your hormones are fluctuating as a result of age or as a side effect of a medical condition, we can help restore normalcy and even enhance your quality of life. We use only natural hormones that are found within the body, so the therapy is completely safe. Ladies, this is YOUR year. Take advantage of our amazing, qualified team and schedule a consultation today!





WHAT IS COOLSCULPTING?

CoolSculpting is a noninvasive, innovative way to contour your body by freezing unwanted fat away with no surgery, scalpels or downtime. There have been more than 3.5 million CoolSculpting treatments performed worldwide, letting people everywhere get a better, more confident view of themselves thanks to the one of a kind CoolSculpting procedure. We are proud to offer these treatments to our clients! Join us February 12 to learn more!

MARK YOUR CALENDARS!

On February 12 we will be holding a Botox and Coolsculpting Event that we'd love for you to attend! This is a great opportunity for you to learn more about these services to see if they are right for you, and to ask any questions you may have.

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