PATIENT SELECTION CONSIDERATIONS
Indications

The CoolTone™ device is indicated for improvement of abdominal tone, strengthening of the abdominal muscles, and development for firmer abdomen. CoolTone™ is also indicated for strengthening, toning, and firming of buttocks and thighs.

Please see Important Safety Information for CoolTone™ throughout.

Optimal results start with appropriate patient selection

Three key factors may determine CoolTone™ treatment success. Naturally, there is a continuum for these factors just as there is a continuum for results. These are considerations only. Ultimately, patient selection is at your discretion.

Patient Selection Considerations

- Healthy BMI
- Degree of subcutaneous adipose tissue
- Evidence of some muscle definition or tone

Additional considerations for treatment of the buttocks:
- Evidence of muscle movement when contracting
- Evidence of skin laxity or sagging
POTENTIAL PATIENT PROFILES: ABDOMINALS

Profile A
Subcutaneous Adipose: Minimal
Muscle Definition: Mild

Profile B
Subcutaneous Adipose: Minimal
Muscle Definition: Mild

Profile C
Subcutaneous Adipose: Mild
Muscle Definition: Mild

Important Safety Information
CoolTone™ should not be used in the head or heart area. CoolTone™ treatment is contraindicated in placing the active applicator over metal or electronic implants/devices in the treatment area like cardiac pacemakers, cochlear implants, intrathecal pumps, implanted defibrillators, implanted neurostimulators, drug pumps, and hearing aids. CoolTone™ is also contraindicated in placing the active applicator over menstruating uterus, over areas of the skin that lack normal sensation, and for patients with fever, malignant tumor, hemorrhagic conditions, epilepsy, recent surgical procedure, application in the area of growth plate, pulmonary insufficiency, pregnancy, sensitivity or allergy to latex. Please see Important Safety Information for CoolTone™ throughout.
**Important Safety Information (continued)**

CoolTone™ should be used with caution in patients with Graves’ disease, active bleeding disorders, or seizure disorders.

Women who are close to menstruation may find that it comes sooner or cramping is increased or intensified with CoolTone™ treatments, therefore, it is recommended to not undergo treatment during this time of the month.

Please see Important Safety Information for CoolTone™ throughout.
POOR CANDIDATES FOR COOLTONE™ TREATMENT

Profile G
Subcutaneous Adipose: Moderate
Muscle Definition: Minimal

Profile H
Subcutaneous Adipose: Marked
Muscle Definition: Minimal

Important Safety Information (continued)
Ensure that persons with pacemakers are not present in vicinity of the device during treatment.
The patient must not be left unattended during treatment.
Please see Important Safety Information for CoolTone™ throughout.
Important Safety Information (continued)

Adverse effects may include, but are not limited to muscular pain, temporary muscle spasm, temporary joint or tendon pain, and local erythema or skin redness.

Consult the CoolTone™ User Manual for a complete list of Contraindications, Warnings, Precautions, and potential side effects. Treatment applications that deviate from the guidelines are not recommended.

Photos courtesy of (in order of appearance): Allergan Training Center (Abdomen, Profile A); Allergan Training Center (Abdomen, Profile B); Amir Moradi, MD (Abdomen, Profile C); David Rapaport, MD, FACS (Abdomen, Profile D); Amir Moradi, MD (Abdomen, Profile E); Robert Heck, MD, FACS (Abdomen, Profile F); Allergan Training Center (Abdomen, Profile G); Allergan Training Center (Abdomen, Profile H); Amir Moradi, MD (Buttocks, Profile A); Robert Heck, MD, FACS (Buttocks, Profile B); Robert Heck, MD, FACS (Buttocks, Profile C).

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CTN128653 09/19 192626